

# ON THE MENU

Blue Zones Project Approved™ Restaurants— Making the Healthy Choice the Tasty Choice

**21 Spices by Chef Asif** | 239.919.8830

15 Blue Zones® Inspired dishes on the menu  
4270 Tamiami Trail East, #21, Naples

**BRK Pizza** | 239.598.5707

2 Blue Zones® Inspired dishes on the menu  
6355 Naples Blvd, Naples

**Baleen - LaPlaya Beach Resort** | 239.598.5707

6 Blue Zones® Inspired dishes on the menu  
9891 Gulf Shore Dr., Naples

**CJ's on the Bay** | 239.389.4511

12 Blue Zones® Inspired dishes on the menu  
740 N Collier Blvd #105, Marco Island

**Coast - Edgewater Beach Hotel** | 239.403.2000

10 Blue Zones® Inspired dishes on the menu  
1901 Gulf Shore Blvd N, Naples

**Cosmos Café & Pizzeria** | 239.262.8181

7 Blue Zones® Inspired dishes on the menu  
536 Tamiami Trail N., Naples

**EE-TO-LEET-KE Grill** | 239.658.1313

9 Blue Zones® Inspired dishes on the menu  
Seminole Casino Hotel, 506 S. 1st Street, Immokalee

**First Watch—Granada Shoppes** | 239.566.7395

4 Blue Zones® Inspired dishes on the menu  
1000 Immokalee Rd. Naples

**Fify's Caribbean Cuisine** | 239.657.3439

6 Blue Zones® Inspired dishes on the menu  
320 Alachua Street, Immokalee



**Cauliflower Quinoa Cakes** — Coast Edgewater Beach Hotel

**Jason's Deli** | 239.593.9499

3 Blue Zones® Inspired dishes on the menu  
2700 Immokalee Rd. Naples

**Juicelation** | 239.529.2290

6 Blue Zones® Inspired dishes on the menu  
4947 Tamiami Trail N., #104, Naples

**LuLu B's Diner** | 239.596.1965

7 Blue Zones® Inspired Dishes  
2374 Immokalee Rd, Naples

**Mel's Diner, Naples** | 239.643.9898

14 Blue Zones® Inspired dishes on the menu  
3650 Tamiami Trail N., Naples

**Naples Flatbread, Mercato** | 239.431.8259

5 Blue Zones® Inspired Dishes on the menu  
9118 Strada Pl #8170, Naples

**Naples Flatbread, Miromar Outlets** | 239.495.3528

5 Blue Zones® Inspired dishes on the menu  
10801 Corkscrew Rd, Estero

**Old 41 Restaurant** | 239.948.4190

7 Blue Zones® Inspired dishes on the menu  
25091 Bernwood Dr., Bonita Springs

**Organically Twisted** | 239.302.8669

13040 Livingston Rd., #10, Naples

**Palladio Trattoria** | 239.947.2202

6 Blue Zones® Inspired dishes on the menu  
28340 Trails Edge Blvd, Bonita Springs

**Riverwalk at Tin City** | 239.263.2734

4 Blue Zones® Inspired dishes on the menu  
1200 5th Ave. S., #45, Naples



**Power Wrap**  
Mel's Diner, Naples

**Shula's Steak House** | 239.430.4999

5 Blue Zones® Inspired dishes on the menu  
5111 Tamiami Trail N., Naples

**Skillets Bonita Springs** | 239.992.9333

11 Blue Zones® Inspired dishes on the menu  
9174 Bonita Beach R., Bonita Springs

**Skillets Lely** | 239.732.9786

11 Blue Zones® Inspired dishes on the menu  
7711 Collier Blvd., Naples

**Skillets North Naples** | 239.566.1999

11 Blue Zones® Inspired dishes on the menu  
5461 Airport Pulling Rd. N., Naples

**Skillets Parkshore** | 239.262.3788

11 Blue Zones® Inspired dishes on the menu  
4170 Tamiami Trail N., Naples

**Skillets Pavilion** | 239.330.2515

11 Blue Zones® Inspired dishes on the menu  
847 Vanderbilt Beach Rd., Naples

**Skillets at the Strand** | 239.596.8202

11 Blue Zones® Inspired dishes on the menu  
5628 Strand Blvd., Naples

**Skillets University Village** | 239.471.0553

11 Blue Zones® Inspired dishes on the menu  
10950 Eagle Village Dr., Near FGCU

**Sunburst Cafe** | 239.263.3123

10 Blue Zones® Inspired dishes on the menu  
2340 Pine Ridge Rd, Naples

**Survey Cafe** | 239.992.2233

7 Blue Zones® Inspired dishes on the menu  
10530 Wilson St., Bonita Springs



**Noreen's Breakfast  
Skillets**

**The Boardwalk at FGCU** | 239.745.4519

2 Blue Zones® Inspired dishes on the menu  
North Lake Village, 10501 FGCU Blvd S, FGCU

**The Boathouse on Naples Bay** | 239.643.2235

7 Blue Zones® Inspired dishes on the menu  
990 Broad Ave S, Naples

**The Bowl** | 239.734.3867

1427 Pine Ridge Rd., #103, Naples

**The Bowl Central** | 239.231.3324

1200 Central Ave. Naples

**The Café** | 239.430.6555

821 5th Ave S, Naples

**The Café at Bonita Beach** | 239.949.9733

10 Blue Zones® Inspired dishes on the menu  
5900 Bonita Beach Rd SW, #1101, Bonita Springs

**The Local** | 239.596.3276

5323 Airport Pulling Rd., Naples

**The Wave Café, NCH North Hospital**

4 Blue Zones® Inspired dishes on the menu  
11190 Health Park Blvd., Naples

**Tree Top Café, NCH Baker Downtown Hospital**

4 Blue Zones® Inspired dishes on the menu  
350 7th Street N., Naples

**True Food Kitchen, Naples** | 239.431.4580

5375 Tamiami Trail N., #15, Naples



**Charred Veggie Stack  
CJ's on the Bay**

**UPDATED June 22, 2020**

Blue Zones Project® helps participating restaurants make their healthy choices easier to find. Everything we do comes free of charge thanks to our sponsor, NCH Healthcare System. Try a Blue Zones® Inspired dish and encourage your favorite restaurant to join us!



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